

# COMMUNICATOR

## Community Living Georgina

*Providing supports and services to people with a developmental disability  
in the community of Georgina for forty years.*



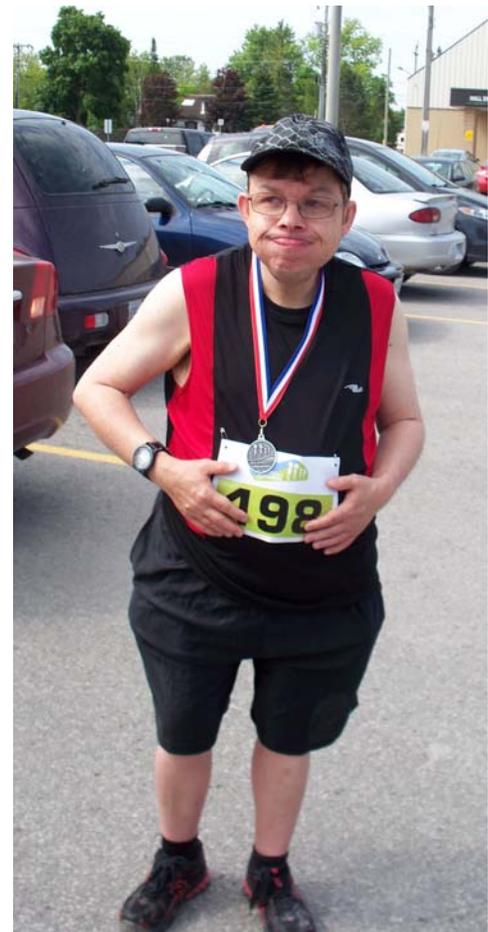
Member Agency of the  
United Way of York Region



Summer 2011

## "Challenge" ... The Harder the Course ... the more rewarding the Triumph

Congratulations to Paul Martin on successfully completing a 5km Mini Marathon on Saturday July 18, 2011. Challenged by his doctor to walk 5km in the Georgina Mini Marathon, and further motivated by the Keswick Day Program to accept his doctor's challenge, Paul began training for his first ever marathon. Paul spent countless hours on the exercise bike, and was encouraged and supported to walk in the community by his day program supports. Even during times of doubt and hesitation from Paul to train for the marathon, his day supports faith in him never wavered, ensuring he received daily reassurance and motivation to keep going. When at home, Paul trained for the walk with the support of Ron, a volunteer PSW student. Each time out, Paul and Ron would try and walk a little farther each time. On the day of the event, Paul accompanied by Carol Keetch, headed off early to the Georgina Mini Marathon. Paul was very excited and ready to get started. It was a hot day, but Paul was prepared, he had water and his new walking outfit on to keep him cool and on track. The walk was a long one for Paul, but he filled the time chatting and sharing many stories about his life with Carol. While walking the final stretch of the marathon, the other marathon participants who had already finished, cheered Paul on all the way to the finish line! Paul's doctor was there to shake his hand and present him with his medal of completion. Paul says he would like to thank everyone who assisted him to train, and challenges others within Community Living Georgina to come out next year and walk the 5km with him.



Submitted by Sue Beatty

# Gifts From The Heart

On Friday August 5, Sylvia, who attends the Skills Development Program, visited the Georgina Animal Control and Adoption Centre to donate a knitted blanket for a cat. This is the second blanket she's knitted and donated. Her enthusiasm to help the animals is rubbing off, and another individual has begun to knit squares. Sylvia says she loves to help the animals. Georgina Animal Control & Adoption Centre is the facility which provides shelter to all cats and dogs found running at large. Donations of cash, food, blankets, toys, medical supplies, leashes, collars and crates are all welcomed. For more information you can contact the Centre at 1-800-898-8606.

Submitted by Anne Joyce



On July 11, a fire in Sutton left close to 100 people homeless. Carolyn responded to help people in her community.

## Giving Back to the Community

I was happy to know that my quilt went to help people in the fire. Lisa cut the squares for the quilt. Then I sewed the squares together. Then I sewed the squares to the panel. When I was finished Barb took it to Edith at the Quilting Gnome in Jackson's Point. Edith donated batten and backing and ran it through her quilting machine. My quilt turned out beautiful and I enjoyed making it very much.

Story by Carolyn Pacione

## Community Living Dragon Boat Team Takes to the Water this Weekend



Team Members: Marlene Woud, Christina Giuga, Lidia Pantic, Donna Roberts, Stacey Davis, Heather MacPherson, Dennis Seward, Owen Sanders, Mike Hartwick, Jeremy Popadynech, Lisa Thompson, Jamie Jerome, Sean Lockie, Ian O'Neill, Patti Burgess, Deborah Giuga, Trish Kosar, Cindy Smith, Frances Connelly, Heather Campbell, Kathy Bourgeois

This weekend, on Saturday August 27th, Community Living Georgina's dragon boat Team In-Sync will be taking to the water for their annual fundraising event. It is our first year racing in Barrie, but members of the team are eagerly up to the challenge. The race takes place at Heritage Park and is accessible from Lakeshore Drive. Thanks to our generous Board sponsors Iain Donnell and Joan Zeszutek, the entire pledges raised by the team will be used to assist programs and individuals supported at Community Living.

*The COMMUNICATOR is published by Community Living Georgina.*

*We are non-profit and support people with a developmental disability who live in the Town of Georgina.*

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*Executive Director: Susan Rome*

*Board of Directors - Iain Donnell, Joan Zeszutek, Roy O'Leary, Chris McAdam, Jennifer Holborn, Deb Irvine, Stacey Davis, Dennis Seward, Art Field*

# Sensory Exploration Arts Program



**March** - Explore various vegetables through smell, taste and touch. Melanie (right), dips cut vegetable shapes into various coloured and scented paints to be applied to a textured Plexiglas sheet.



**April** - Richard (left) explores various sized balloons filled with air, water and sand. Participants create a ball collage by dropping different weighted balloon balls into shadow boxes with acrylic paint.

Over the past several months, individuals supported through Community Living Georgina have had the opportunity to participate in the Sensory Exploration Arts (SEA) Program; hosted by DeafBlind Ontario Services. The program provides the experience of exploring life through the senses of smell, taste, touch, sound (vibrations) and sight in context to a different theme each month. Emotional response is then expressed through various art mediums including collage, painting, sculpture and printmaking.



**May** - Explore various sized drums and shakers. Allison (above) creates a hand drumming print on different thick textural papers while drumming to music.

**June** - Explore ballet hand and leg movements and music with a trained ballet dancer. Matthew (bottom right) creates a plaster hand collage on canvas.



**July** - Explore and experience flying butterflies up close. Peggy-Lynn (left) feels one land on her hand. Participants create butterfly collages using real butterfly wings and textured paper.

Thank you to coordinators of the SEA Program, Deaf Blind Ontario Services and the support of the Ontario Trillium Foundation for extending this wonderful opportunity. Everyone has thoroughly enjoyed the experience. "Creative self expression through the arts allows for further communication to others about how each person experienced the world in that moment of time. Validating their unique personality, purpose and enjoyment of living to their fullest capabilities" - SEA Program



# UPCOMING EVENTS



## COMMUNITY LIVING GEORGINA

*45th Annual General Dinner Meeting*

*Staff and Volunteer Recognition*

*"Inspiring Possibilities"*

WITH GUEST SPEAKER LAURA MERCER

Laura has always been someone to want to be part of everything around her. She attended regular classes with her peers and took part in a wide variety of extracurricular activities from hip hop to wrestling. She starred in the movie Jewel with Farah Fawcett. In 2010 she graduated from Durham college and now lives in her own apartment and works and volunteers in her community. She has been a speaker at the Community Living Ontario Conference, the International Conference on the Rights of People with Intellectual Disabilities and the AGM for Families for a Secure Future.

When: Monday September 19, 2011

Where: Royal Canadian Legion, 21 East Street, Sutton

Doors Open at 5:30 pm

Cost: \$10.00

Please RSVP to Patti Ferguson  
(905) 722-8947 ext 309  
by Friday September 9, 2011

COMMUNITY LIVING GEORGINA'S

## D.A.N.C.E.

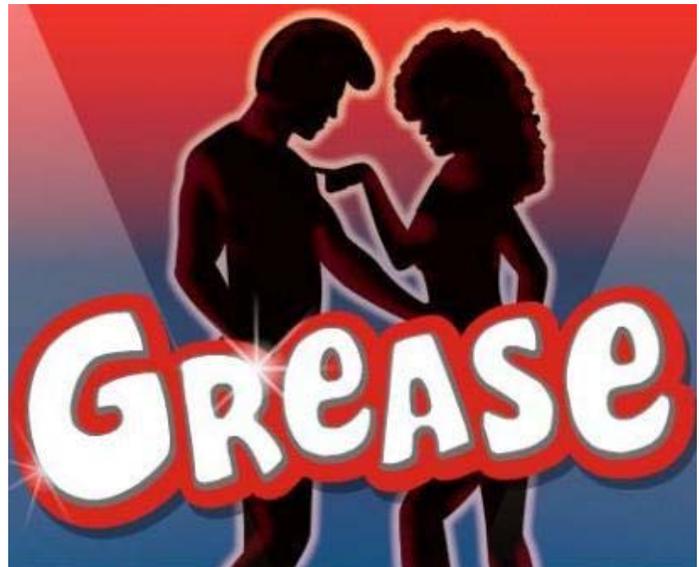
PRESENTS

OCTOBER 15, 2011

STEPHEN LEACOCK THEATRE,  
KESWICK

SHOWTIME AT 4:00 PM

TICKETS AVAILABLE IN SEPTEMBER!



## ANNUAL CRAFT & BAKE SALE

Georgina Ice Palace (Upper Level), Keswick

Saturday, November 12th

9:00 am - 2:00 pm

Luncheon will be available

from 10am - 1pm

6' Rectangle Tables - \$30.00 each